



May 2nd, 2017

This document contains the following information:

- Team Ontario Coaches
- Program Update
- Projected Budget
- Boys and Girls top 22 lists
- Next Steps/ Timelines

### **Coaching Staff:**

The Ontario Water Polo Association is excited to announce the coaching staff for the summer of 2017:

#### **Women's Staff:**

Celso Rojas (Ottawa, Ontario) will lead our Women's program. Coach Celso has over 20 years of coaching experience at various levels. As a longstanding member of Water Polo Canada's National Team coaching staff, Coach Celso will share his wealth of experience with our athletes.

Adam Klc (Toronto, Ontario) is a kinesiology student entering his senior year at the University of Toronto. Adam has been coaching with the Mavericks for the past three seasons and has been instrumental in the development of their 14U program. His playing experience includes time with the National Team, and Team Ontario. Adam hopes to lead by example through balancing coaching and his academic pursuits.

#### **Men's Staff:**

Coach Len Jessome (Hamilton, Ontario) will lead our Men's program. He has been involved with water polo domestically or internationally for the past 30 years. This includes a wealth of experience as a player, coach, and referee that he hopes to share with our Ontario athletes.

Coach Bogdan Dubrovskiy (Toronto, Ontario) is a kinesiology major from the University of Toronto, and a recently accepted Chiropractic College student. He is the Assistant Coach of the Men's 17U Youth National Team travelling to Lima, Peru this summer. He will combine his academic and coaching experiences to assist our Men's program.

**Additional Staff:**

Coach Fedja Avlijas (Toronto, Ontario) has been an integral member of the Canadian Men's National Team staff since 2007. His positions with the National Team have ranged from being the Assistant Coach of the Canadian Senior National Team, the Assistant Coach of the 16U and 18U National Team, and the Head Coach of the Capital Region National Development Centre.

Shannon Leonard (Toronto, Ontario) is an NCAA Division 1 All-American and former National Team athlete. She joins Team Ontario with a wealth of international, collegiate and club water polo experience. Shannon's academic and professional career has given her superior leadership and motivational skills.

**Program Update:**

The plan for Team Ontario has been finalized:

<b>Date</b>	<b>Activity</b>
July 3rd- 6th, 2017	Mini training camp in Toronto
July 6th-7th, 2017	Arrival and training in Northern California with Team Ontario and other provincial programs
July 8-9th, 2017	Golden State Invitational Tournament
July 10-13th, 2017	Training camp and joined training with other provinces and local club teams
July 14-16th, 2017	Tournament hosted by Canadian Provincial Teams with California/ International entries
July 17-18th, 2017	Final days of training, scrimmages and some sightseeing

The Toronto training camp will consist of training sessions prior to the teams' departure to California.

The teams will travel to California as a group (departing from Toronto) and spend a day training prior to their first tournament.

From July 10th- 13th, the teams will train and scrimmage against other provincial programs and local California teams.

During the day we will enhance the training with mini clinics, video sessions and dryland training.

On July 14th the teams will begin their tournament in California against the other provincial programs and local California club teams.

Athletes will travel to their own home cities on July 17th or 18th.

## **Projected Budget**

At this time we are doing our best to keep the cost of this training camp as reasonable as possible. The cost for the fourteen day training camp is projected at **\$3000 per athlete.**

The budget includes the following:

- Out of town athlete travel for the Toronto Training Camp (to stay within a reasonable budget, GTA families will be asked to billet out of town athletes)
- All flights, transport and accommodation in California
- All training costs/ competition costs
- Three meals per day at the University of Pacific
- Team uniform

Athletes will be required to provide two equal cheques to OWP for their travel (\$1500/ cheque). Cheque #1 will be expected when the athletes confirm their attendance. Cheque #2 will be dated for June 15th. All cheques will be sent directly to the Ontario Water Polo office:

Ontario Water Polo  
P. O. Box 15582  
265 Port Union Road  
Toronto, Ontario  
M1C 4Z7

The price increase from last season is attributed to a couple of factors:

- Flights to San Francisco are significantly more expensive than flights to LA
- Ground transportation expenses in Northern California are more costly than LA
- The exchange rate is less favourable than last year.

**\*Please note that if any excess funds have been collected, they will be returned to the participants after the camp. Ontario Water Polo does not take in any revenue from Team Ontario programming.**

## Team Rosters:

GIRLS TEAM ONTARIO		
Last Name	First Name	Club
Ahmed	Lashyn	Capital Wave
August	Sarah	Kitchener Waterloo
Bisallion	Madeline	Mavericks
Gao	Stephanie	Capital Wave
Gasparotto	Abigail	Capital Wave
Greco	Mackenzie	Capital Wave
Howes	Jane	Capital Wave
Nagowski	Abigail	Mavericks
Nagowski	Emily	Mavericks
Pagnossin	Emily	Mavericks
Palmer	Kaitlyn	Capital Wave
Rojas	Valeria	Capital Wave
Thurlow	Taylor	Mavericks
Truchla	Hana	Mavericks
<b>Alternates</b>		
Cugalj	Ivanka	Ottawa Titans
Devitt	Grace	Kitchener Waterloo
Jakova	Antonija	Mavericks
Keough	Rebecca	Capital Wave
Rabbai	Stephanie	Capital Wave
Terpenka	Sofia	Mavericks
Truchla	Ema	Mavericks
Van Rooyen	Erin	Mavericks

BOYS TEAM ONTARIO		
Last Name	First Name	Club
Almasi	Patrick	Mavericks
Bajic	Nikola	Toronto Golden Jets
Cuturilo	Maksim	Toronto Golden Jets
Demczyszyn	Luke	Mavericks
Ganzales	Diego	Ottawa Titans
Mandic	Matej	Mavericks
Marinov	Kyryl	Mavericks
Schwanen	Victor	Kitchener Waterloo
Tanasijevic	Bor	Mavericks
Todorovic	Lazar	Mavericks
Tyszka	Hunter	Kitchener Waterloo
Velazquez	Leandro	Ottawa Titans
Vrbaski	Sergije	Mavericks
Wysocki	Matthew	Mavericks
<b>Alternates</b>		
Crowe	James	Hamilton
James	Alexander	Hamilton
Kovacevic	Petar	Toronto Golden Jets
Lukic	Filip	Ottawa Titans
Morariu	Alex	Toronto Golden Jets
Nevills	Alex	Hamilton
Pop	Victor	Kitchener Waterloo
Zuvela	Nikola	Mavericks

### **Team Selection:**

Selection for the teams has been executed by the appointed Provincial Team Head Coaches following the Team selection outlines sent earlier. The top 14 athletes have been listed in alphabetical order, followed by the eight alternates in alphabetical order. Alternates will be chosen based on the needs of the team (position and ability will both be considered).

### **Important Dates/ Timelines:**

The athletes in the top 14 will have until May 14th to confirm their attendance. Alternates will then be selected and contacted during the next two weeks. Please note that alternates will be given a short time frame to confirm their attendance (between 24 and 48 hours)

Please note that athletes who are selected to attend 17U Pan American Championships are still be eligible to attend Team Ontario. **Water Polo Canada will announce their list on May 12th**, which will still give athletes selected on both lists the ability to accept. The price for these athletes will be prorated based on the number of days they are with the program, and their adjusted flight costs.

We are excited to deliver a complete program for the athletes. Should you have any questions, please do not hesitate to contact me at [ndamani@waterpolo.ca](mailto:ndamani@waterpolo.ca)

<b>Event/ Activity</b>	<b>Date</b>	<b>Action Required</b>
Initial Team List (13 athletes/ gender + 7 alternates)	Team Selection + Communication	May 2nd, 2017
Confirmation of Attendance Deadline	Team Selection	May 14th, 2017
Alternate Selection and Finalized Roster	Team Selection + Communication	May 20th, 2016
<b>California Training Camp/ Tournament</b>	<b>Training/ Competition</b>	<b>July 3rd-18th. 2016</b>

**Nish Damani**  
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